

### 5K Run - OVERALL

Female:

- 1 Kayla Merrick - 22:43
- 2 Talia Ciampo - 24:22
- 3 Maelle Bouchard - 25:26

Male:

- 1 Ronan Radovich - 18:51
- 2 Patrick Brown - 19:43
- 3 Zachary Brown - 20:40

### 5K Run - 14 & Under

Female:

- 1 Serena Chan - 26:37
- 2 Hannah Ballweg Dunham - 26:55
- 3 Noelle Ladouceur - 29:41

Male:

- 1 Zachary Brown - 20:40
- 2 Jaden Chan - 24:09
- 3 Simon Bouchard - 26:03

### 5K Run - 15-19

Female:

- 1 Kayla Merrick - 22:43
- 2 Maelle Bouchard - 25:26
- 3 Aspen Herr - 27:01

Male:

- 1 Colson Ladouceur - 21:43
- 2 Ian Salvendy - 23:29
- 3 N/A

### 5K Run - 20-29

Female:

- 1 Talia Ciampo - 24:22
- 2 Erika Degabriele - 26:21
- 3 Jayden Petrelli - 28:57

Male:

- 1 Ronan Radovich - 18:51
- 2 Lucas Byl - 20:44
- 3 Riley Brunton - 24:22

### 5K Run - 30-39

Female:

- 1 Hailey Caravaggio - 27:14
- 2 Kenisha Goodridge - 36:24
- 3 N/A

Male:

- 1 Matthew Tonello - 25:33
- 2 Lee Brotherston - 25:34
- 3 Jesse Schneider - 26:34

### 5K Run - 40-49

Female:

- 1 Erin Kempt-Sutherland - 29:17
- 2 Prachi Soneji - 30:57
- 3 Sarah Bouchard - 33:32

Male:

- 1 Patrick Brown - 19:43
- 2 Oscar Salvendy - 23:29
- 3 Dustin Chang - 25:49

### 5K Run - 50-59

Female:

- 1 Deonic Lee - 28:53
- 2 Kerryn Shanfield - 29:50
- 3 Margaret Mahoney - 31:13

Male:

- 1 Christopher Lee - 32:19
- 2 N/A
- 3 N/A

### 5K Run - 60+

Female:

- 1 Elke Blinick - 31:58
- 2 Denise Perron - 36:58
- 3 Marjorie McLimont - 41:51

Male:

- 1 Arthur Chow - 22:05
- 2 Ian Carter - 23:04
- 3 John Sabo - 28:38

### 10K Run - OVERALL

Female:

- 1 Alexandra Quemby - 45:57
- 2 Brittany Croisier - 47:43
- 3 Jasmine Phung - 50:32

Male:

- 1 Amadi Opara - 36:49
- 2 Evan MacKinnon - 44:16
- 3 Ryan Bordun - 44:31

### 10K Run - 14 & Under

Female:

- 1 N/A
- 2 N/A
- 3 N/A

Male:

- 1 Nathan Fluit - 45:52
- 2 Peter Stokoe - 46:54
- 3 Joshua Jackson - 50:05

### 10K Run - 15-19

Female:

- 1 N/A
- 2 N/A
- 3 N/A

Male:

- 1 Lucas Chan - 45:10
- 2 Darius Ramsay - 56:15
- 3 N/A

### 10K Run - 20-29

Female:

- 1 Alexandra Quemby - 45:57
- 2 Emily Olesinski - 51:29
- 3 Emma Tremblay - 51:37

Male:

- 1 Amadi Opara - 36:49
- 2 Evan MacKinnon - 44:16
- 3 Ryan Bordun - 44:31

### 10K Run - 30-39

Female:

- 1 Brittany Croisier - 47:43
- 2 Jasmine Phung - 50:32
- 3 Ethyl Quilop - 1:12:49

Male:

- 1 William Brown - 47:31
- 2 Kalil McMeo - 53:30
- 3 Bender Yang - 54:47

### 10K Run - 40-49

Female:

- 1 Janice Chan - 59:07
- 2 N/A
- 3 N/A

Male:

- 1 Derek Pittman - 45:40
- 2 Ross Ste-Croix - 45:51
- 3 James Hamilton - 52:05

### 10K Run - 50-59

Female:

- 1 Marcia Foley - 56:21
- 2 Julia Norman - 57:26
- 3 N/A

Male:

- 1 Evert Akkerman - 47:05
- 2 Geoffrey Smith - 50:06
- 3 Ladislav Kerekes - 56:00

### 10K Run - 60+

Female:

- 1 N/A
- 2 N/A
- 3 N/A

Male:

- 1 Donato Prezioso - 1:03:18
- 2 N/A
- 3 N/A