



CMCC Backs in Motion 2025

On behalf of CMCC, thank you to everyone who helped make the 42nd Annual Backs in Motion a truly unforgettable event! From runners and walkers to volunteers, fundraisers, sponsors, and supporters, your enthusiasm and spirit brought our community together in an inspiring way.

A Celebration of Movement, Community, and Purpose

Backs in Motion isn't just a race – it's a celebration of health, wellness, and the incredible work that CMCC does to advance chiropractic education, research, and patient care. This year, we were thrilled to host **225 participants** across all events:

- 10 km Run: 82 participants
- 5 km Run: 83 participants
- 5 km Walk: 60 participants (plus seven four-legged friends!)

Whether you were chasing a personal best, enjoying a walk with family or pets, or cheering from the sidelines, you helped make this day truly special.

Fundraising

Thanks to your generosity and enthusiasm, we **raised \$50,000!** Your support helped fund three key initiatives:

- CMCC's Chiropractic Program
- Clinics and Patient Care
- Students in Need

Every step you took, every donation you made, and every moment you shared contributed to a brighter future for chiropractic care and the wellbeing of our community.

Congratulations to Our Winners

We're thrilled to celebrate all our participants, with special recognition for our top finishers:

5 km Run – Overall

Female:

- Jaclyn Kissel – 23:40
- Jillian McDermott – 24:52
- Floriana Di Chiazza – 25:10

Male:

- Clyde Law – 18:22
- Dominic Arsenault – 20:11
- Chayse Herrfort – 21:53

10 km Run – Overall

Female:

- Sonia Singh – 51:50

- Karen Ho – 53:07
- Keegan Sloan – 53:44

Male:

- Jeremy Van Moorsel – 39:32
 - Nijaanth Thayalan – 41:59
 - Justin Laquerre – 43:19
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Prize Highlights

Our top finishers received some fantastic prizes, thanks to our generous sponsors:

- **1st Place Winners:** A pair of APEX Shoes, courtesy of The Orthotic Group / Apex
- **2nd Place Winners:** Prize pack featuring MEDISTIK Cold Spray and Cyto-Matrix Joint Collagen Powder
- **3rd Place Winners:** Prize pack featuring Running Free gift card and Cyto-Matrix Magnesium Capsules

These prizes are designed to help our winners stay moving and feeling great!

CMCC Student Class Challenge

Congratulations to the Class of 2027 for once again taking the win in the CMCC Student Class Challenge and earning the **ELITE Prize Pack!**

A special shoutout to the Class of 2028, who came in just one spot behind – your effort and energy were outstanding!

Thank You to Our Sponsors:

First Place Prize Sponsor:



Class Challenge Sponsor:



Prize Sponsors:



Highest Student Fundraiser Sponsor & Volunteer Gift:



Refreshment Sponsor:

