

# PRACTICE OPPORTUNITY '26

in collaboration with the Ontario Chiropractic Association

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## MODERATOR - DR. ANTONIO ANZIANO



Dr. Anziano graduated from the Canadian Memorial Chiropractic College in 1996. He completed his undergraduate studies at the University of Windsor where he received a Bachelor of Science degree in Biology. During his 29 years in practice, Dr. Anziano has served as vice-president of the Greater Hamilton Chiropractic Society, as a community spokesperson for the Ontario Chiropractic Association and as an examiner with the Canadian Chiropractic Examining Board.

He was a regular guest speaker at McMaster University in the Occupational Health and Environmental Medicine Program, where he taught physicians and nurses about occupational lower back pain. He has also been retained by law firms in Ontario and British Columbia as a medical-legal consultant in chiropractic malpractice cases. He was qualified as an expert witness by the Ontario Superior Court of Justice in 2018. Dr. Anziano was elected to the Ontario Chiropractic Association Board of Directors in 2022 and is currently serving as Vice-Chair.

## PANELIST - DR. PHOENIX WONG



Dr. Phoenix Wong is a registered chiropractor in Canada, Australia and Hong Kong, and the founder of TRIMOTION Sports Medicine & Training. A former national athlete in artistic swimming, she has competed at the Asian Games and World Championships, bringing a deep understanding of high-performance sports to her practice. Dr. Wong also served as Team Canada's therapist for the World Aquatics Youth Artistic Swimming Championships in Greece (August 2025),

supporting elite athletes at the international level. She is passionate about helping everyone achieve peak performance and long-term wellness through evidence-based chiropractic care, rehabilitation, and sports performance training.

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## PANELIST - DR. PAOLO DE CIANTIS



With a Master of Science degree in Physiology and Pharmacology, Dr. Paolo De Ciantis' primary goal is to work with patients for the restoration and maintenance of optimal health. Dr. De Ciantis uses a variety of techniques, equipment and adjunct therapies, including acupuncture, to treat patients and promote healing. His focus is on rehabilitation, pain reduction, chronic pain management, injury prevention, sport-specific training and retraining. A 2013 CMCC

graduate, Dr. De Ciantis currently serves on the OCA Board of Directors

## PANELIST - DR. KYLA MEADLEY



Dr. Kyla Meadley is a chiropractor practicing in North York and Markham. She holds a Doctorate of Chiropractic from the Canadian Memorial Chiropractic College, and a Master of Science in Global Health. Her clinical approach is evidence-based and highly individualized, with a strong emphasis on movement, exercise, and practical lifestyle strategies to support long-term health and function. Kyla has a special interest in pregnancy, postpartum, and pediatric

care, as well as concussion rehabilitation. In addition to her chiropractic practice, she is trained as a birth and postpartum doula, which has shaped her understanding of patient education, advocacy, and interdisciplinary collaboration. This perspective allows her to support families through pregnancy and early parenthood while reinforcing the role of chiropractors within perinatal care teams. She currently practices in multidisciplinary clinics and enjoys mentoring students and new graduates, with a focus on developing strong clinical reasoning, clear communication, and confidence in early practice. Outside the clinic, Kyla enjoys staying active through F45 workouts and long-distance running, and spending time outdoors with her dog, Lincoln.