



June 2 and 3

# CMCC Homecoming '23

A Weekend of Social Events &  
Continuing Education



**CMCC**  
Canadian Memorial Chiropractic College

# Weekend Program

Experience the latest in chiropractic education at CMCC during this year's Homecoming '23 Continuing Education program! On Friday, registrants will be organized into three groups of equal size (Group A, Group B, Group C). Each group will circulate as scheduled to participate in each of the three 1.5 hour sessions led by one of CMCC's top instructors, as indicated below. All groups will participate together on Saturday.

## FRIDAY, JUNE 2, 2023

### SESSIONS

#### Force Sensing Table Lab Session

*Dr. Grand Choi, Educational Coordinator - Simulation Laboratory*

Do you remember when you learned your first adjustment? Many things have changed in a modern technique laboratory; research and advances in technology have helped improve teaching strategies to better control forces used in adjustments and decrease variability in patient care. These improvements are arguably the most significant components for ensuring consistent, safe, and effective patient care, especially for ageing populations. Using CMCC designed treatment tables, modified with internally embedded force plates to measure force of manipulation and adjustment in three dimensions, along with rich feedback, participants will be able to fine tune their technique in new ways to provide maximum benefit to patients.



#### Dr. Grand Choi, BPHE, DC, FCCS(C)

Dr. Grand Choi completed his Doctor of Chiropractic degree in 2018 from the Canadian Memorial Chiropractic College. He went on to complete the Clinical Sciences Residency program and became a fellow of the College of Chiropractor Clinical Sciences (Canada) in 2021.

Dr. Choi is the Educational Coordinator of the Force-Sensing Table Technology® Simulation Lab at CMCC and is an expert in psychomotor skills development with a focus on spinal manipulation. He has collaborated internationally with other chiropractic institutions and organizations to train healthcare providers in the provision of spinal manipulation as well as being involved in research. In addition, Dr. Choi works in private practice in Toronto, Ontario and is currently completing a master's degree in counselling psychology.

## Simulation Lab Session

*Dr. Sophia da Silva-Oolup, CMCC Educational Coordinator - Simulation Laboratory*

In this session lead by Dr. Sophia da Silva-Oolup, CMCC Educational Coordinator - Simulation Laboratory, participants will be exposed to simulation technology and can practice hands on skills related to clinical diagnosis, clinical judgement and diagnostic accuracy. Through clinical case scenarios and the use of simulation technology (simulation manikins, auscultation trainers, and otoscope and ophthalmoscope task trainers) participants will be able to tune up their diagnostic skills. In addition, participants will be introduced to the “impact simulation” can have on clinical practice with the ultimate goal of improving patient care.



### **Dr. Sophia da Silva-Oolup, HBSc(Kin), DC, FCCS(C)**

Dr. Sophia da Silva-Oolup completed her Doctor of Chiropractic degree from the Canadian Memorial Chiropractic College in 2014. After graduating from CMCC, she completed the CMCC Graduate Clinical Sciences Residency program and became a Fellow of the College of Chiropractic Clinical Sciences (Canada) in 2017. Dr. da Silva-Oolup is the President of the College of Chiropractic Clinical Sciences (Canada) Fellowship. She is an Assistant Professor at the Canadian Memorial Chiropractic College teaching in both the undergraduate and graduate studies departments. Dr. da Silva-Oolup is actively engaged in research focused on pregnancy, diagnostic skills, simulation education and the clinical assessment and management of musculoskeletal conditions. Dr. da Silva-Oolup is the owner and clinical director of Kew Gardens Health Group a multidisciplinary practice in the beaches area of Toronto, Ontario. In addition, she works as an Advanced Practice Provider within the Rapid Access Clinic for Low Back Pain.

## Patient Comfort Workshop

*Dr. Simon Wang, Chair Technique*

In this 90-minute session, participants will have the opportunity to learn about the science of patient comfort and improve their awareness of their treatment comfort skills. This will be a hands-on, manual skill lab that will utilize games and challenges to test ideas around what is comfortable for your patient. We will be working on each other, so please come dressed comfortably, in layers of clothes, ready to have fun.



### **Dr. Simon Wang, MSc, DC**

Dr. Wang is a Chiropractor and Assistant Professor in Toronto, Canada. He completed his undergrad degree in Kinesiology at Western University and a master's degree at the University of Waterloo in Spine Biomechanics prior to pursuing his Chiropractic degree at CMCC. Dr. Wang practices at a multidisciplinary clinic in Toronto. He teaches Biomechanics, Ergonomics and The Foundations of Spinal Manipulation and Manual Therapy and is the Chair of the Chiropractic Therapeutics department at CMCC. His research interests include: Comfort/discomfort during spinal manipulation, biomechanics of spinal manipulation, and the patient experience during a visit to a chiropractor. Dr. Wang enjoys playing games and sports with his children, travelling, eating delicious food and taking time to do nothing.

## JUNE 2, 2023

## LECTURE HALL 1 FSTT LAB SIM LAB TECHNIQUE HOURS

9:00 a.m. - 9:30 a.m. Registrant Orientation A+B+C 0.5

9:45 a.m. - 11:15 a.m. Session 1 A B C 1.5

11:15 a.m. - 11:30 a.m. Break

11:30 a.m. - 1:00 p.m. Session 2 C A B 1.5

1:00 p.m. - 2:45 p.m. Lunch

2:45 p.m. - 4:15 p.m. Session 3 B C A 1.5

4:15 p.m. - 4:45 p.m. Group Debrief A+B+C 0.5

5:30 a.m. - 9:00 p.m. Homecoming Dinner

## SATURDAY, JUNE 3, 2023

### SESSIONS

#### Practice Operations And Management

*Dr. Aymie Brousseau*

As a Homecoming participant, you've been in practice for several years now, so here are a few questions for you:

- Is your practice as successful as you want it to be?
- Are you feeling overwhelmed or overworked?
- Are you feeling like you put in way too many hours for what you are getting in return?
- Do you have some minor operational or administrative issues that you'd like to better understand and manage?
- Are you thinking of selling your practice soon, or in a few years, and would like to get the best return on your investment?

If you answered yes to any of these questions above, you will find this full day hands-on session to be most worthwhile. Dr. Brousseau and her associate will facilitate the working session and provide opportunity to:

- Evaluate the current state of your practice in terms of strengths and weakness.
- Identify the most common pain points of running a chiropractic practice and find solutions to lessen their impact or eliminate them entirely.
- Build a clear business strategy to realize your vision for your practice.
- Set specific goals and establish a concrete action plan for implementation so you can hit the ground running first thing Monday morning on your return to your clinic.
- Get real work done that can improve your practice, supported by a seasoned healthcare business coach accompanied by the cumulative experience of your fellow chiropractors attending this session.



### Dr. Aymie Brousseau, DC, MBA

Dr. Aymie Brousseau is an experienced chiropractor and business owner. She is the proud founder of the [ABC Health Clinic franchise](#) where she manages a group of 7 private interdisciplinary health clinics and practices as a family-oriented chiropractor for almost 18 years.

Dr. Brousseau graduated from the chiropractic program at l'Université du Québec à Trois-Rivières (UQTR) in 2004 and acquired an MBA degree from [HEC Montréal](#) in 2016.

Utilizing her clinical and business expertise, she has been a lecturer at UQTR for several years, teaching a business class specifically adapted to the reality of chiropractic practice. She also provides business consulting services to other healthcare clinic owners.

### JUNE 3, 2023

### LECTURE HALL 1

### HOURS

8:00 a.m. - 8:30 a.m.

Registrant Orientation

ABC

0.5

8:30 a.m. - 10:00 a.m.

Session 1

ABC

1.5

10:00 a.m. - 10:15 a.m.

Break

10:15 a.m. - 11:45 a.m.

Session 2

ABC

1.5

11:45 a.m. - 12:00 p.m. Break

12:00 p.m. - 1:00 p.m.

Session 3

ABC

1

1:00 p.m. - 3:00 p.m.

BBQ





Registration open at:  
[www.cmcc.ca/homecoming](http://www.cmcc.ca/homecoming)

More information: [events@cmcc.ca](mailto:events@cmcc.ca)



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