

Contingency Release
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For Immediate Release

LATEST VBA STROKE RESEARCH ADDS TO KNOWLEDGE BASE
Study confirms rarity of stroke associated with neck adjustment

TORONTO, May 7, 2001 – The Canadian Memorial Chiropractic College (CMCC) today welcomed recent research into neck adjustment and stroke conducted by the Institute for Clinical Evaluative Sciences and published this week in *Stroke*, the journal of the American Heart Association.

“This credibly designed study confirms the rarity of vertebrobasilar accident (VBA) stroke associated with adjustment of the cervical spine,” said Dr. Howard Vernon (title), CMCC. “Indeed, the rarity of this association made it difficult for the researchers to establish a meaningful rate of occurrence despite the high number of cervical adjustments that are performed.”

“It is also important to understand that the study looked at the temporal association between prior neck adjustment and subsequent VBA stroke. This is not the same as determining the causation of the stroke. The study did not look at other risk factors for stroke which may have been present in the cases studied. The study’s authors point out that more research is needed to determine if causation exists,” noted Vernon.

The Canadian Memorial Chiropractic College provides students of chiropractic with extensive training in adjustment techniques including a thorough understanding of the possibility of vertebrobasilar complications from cervical spine adjustment. As required of all the regulated health professions, chiropractors in Canada obtain informed consent to treatment and have been leaders in formalizing consent to treatment procedures.

For further information, please contact: